

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
<b>Section I: Antipsychotic Medication Management</b>							
Improving Antipsychotic Appropriateness in Dementia Patients (University of Iowa IA-ADAPT)	<a href="https://igec.uiowa.edu/ia-adapt">https://igec.uiowa.edu/ia-adapt</a>	Information and resources to help clinicians better understand and manage problem behaviors and psychosis in people with dementia using evidence-based approaches. Includes video lectures on antipsychotic selection, monitoring, and regulatory updates.	Clinicians Nursing staff Behavioral health staff Caregivers	Self-paced	Online video series and quick reference guides	Free, registration required	
Drugs that May Cause Psychiatric Symptoms (The Medical Letter)	<a href="https://secure.medicalletter.org/w1301c">https://secure.medicalletter.org/w1301c</a>	List of medications and the psychiatric adverse drug reactions associated.	Clinicians Nursing staff	Self-paced	Literature (5 pages)	Free	
Updated Beers Criteria for Potentially Inappropriate Medication Use in Older Adults (AGS)	<a href="https://qioprogram.org/sites/default/files/2019BeersCriteria_JAGS.pdf">https://qioprogram.org/sites/default/files/2019BeersCriteria_JAGS.pdf</a>	List of potentially inappropriate medications for use in the elderly population, comprised by the American Geriatrics Society.	Clinicians Nursing staff	Self-paced	Literature	Free	
Restrained Use of Antipsychotic Medications: Rational management of irrationality (IDIS)	<a href="https://qioprogram.org/sites/default/files/Independent_Drug_Info_for_Telligen.pdf">https://qioprogram.org/sites/default/files/Independent_Drug_Info_for_Telligen.pdf</a>	Describes evidence based benefits versus harms of antipsychotic use, including appropriate indications, adverse effects, monitoring, and cost.	Clinicians Nursing staff	Self-paced	Literature	Free	
Off-Label Use of Atypical Antipsychotics: An Update (AHRQ)	<a href="https://effectivehealthcare.ahrq.gov/products/atypical-antipsychotics-off-label-update/research-protocol/">https://effectivehealthcare.ahrq.gov/products/atypical-antipsychotics-off-label-update/research-protocol/</a>	Summary of the evidence of efficacy and safety of antipsychotic medications for off-label indications.	Clinicians Nursing staff Behavioral health staff	Self-paced	Literature	Free	

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Antipsychotic Medication Reference Guide (HQSI)	<a href="https://atlanticquality.org/download/clin_top_dement_antipsych_med_reference.pdf">https://atlanticquality.org/download/clin_top_dement_antipsych_med_reference.pdf</a>	Medication guides that lists antipsychotics medications, indications, off-label uses, dosing, and side effects. A separate chart for monitoring parameters is also included.	Clinicians Nursing staff	N/A	Handout	Free	
A Guide to the Management of Psychotic Disorders and Neuropsychiatric Symptoms of Dementia in Older Adults (AGS)	<a href="https://qioprogram.org/sites/default/files/AGS_Guidelines_for_Telligen.pdf">https://qioprogram.org/sites/default/files/AGS_Guidelines_for_Telligen.pdf</a>	A guide to assist healthcare providers in managing psychotic symptoms and disorders in older adults, including diagnostic and treatment information.	Clinicians Nursing staff	N/A	Handout	Free	
The Villages of Southern Hills: A Champion for Change	<a href="https://www.youtube.com/watch?v=RTOUt3NQipU">https://www.youtube.com/watch?v=RTOUt3NQipU</a>	The importance of reducing unnecessary antipsychotic medication use from the perspective of a facility and patient. In the video you will meet a patient and hear how his providers engaged him in the decision to reduce and ultimately discontinue his antipsychotic medications.	Administration Clinicians Nursing staff	8 minutes	Video	Free	
Nursing Home Initiative on Behavioral Health and Antipsychotic Medication Reduction (CMS)	<a href="https://www.youtube.com/watch?v=U1_rp00bwbM">https://www.youtube.com/watch?v=U1_rp00bwbM</a>	CMS developed a national action plan to improve behavioral health and safeguard nursing home residents from unnecessary antipsychotic drug use.	Clinicians Nursing staff	Self-paced	Online video	Free	

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Use of Antipsychotics in Behavioural and Psychological Symptoms of Dementia (BPSD) Discussion Guide: Long-term Care	<a href="https://cep.health/clinical-products/antipsychotics-and-dementia-primary-care-edition/">https://cep.health/clinical-products/antipsychotics-and-dementia-primary-care-edition/</a>	The Centre for Effective Practice (CEP) developed a discussion guide for best practices for assessing and managing patients with dementia, with a focus on the use of antipsychotics.	Clinicians Nursing staff Behavioral health staff	Self-paced	Handout	Free	Use of Antipsychotics in BPSD mobile app also available for iOS and Android users.
The American Psychiatric Association (APA) Practice Guideline on the Use of Antipsychotics to Treat Agitation of Psychosis in Patients with Dementia	<a href="https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807">https://psychiatryonline.org/doi/pdf/10.1176/appi.books.9780890426807</a>	APA guidelines focus on the judicious use of antipsychotic medications when agitation or psychosis occurs in association with dementia. The goal of the guideline is to improve the care of patients with dementia who are exhibiting agitation or psychosis.	Clinicians	Literature	Self-paced	Free	
Deprescribing Antipsychotics for Behavioural and Psychological Symptoms of Dementia and Insomnia - Evidence-based clinical practice guidelines	<a href="https://www.cfp.ca/content/cfp/64/1/17.full.pdf">https://www.cfp.ca/content/cfp/64/1/17.full.pdf</a>	Provides clinical practice recommendations in deprescribing antipsychotics for BPSD and insomnia using evidence based guidelines to help clinicians to know when and how to safely taper and stop antipsychotics.	Clinicians Nursing staff	Self-paced	Literature	Free	Includes an Antipsychotic Deprescribing Algorithm

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
iGeriatrics (AGS)	<a href="https://geriatricscareonline.org/ProductAbstract/igeriatrics-mobile-app/B019">https://geriatricscareonline.org/ProductAbstract/igeriatrics-mobile-app/B019</a>	Mobile application that combines all of the American Geriatrics Society's free clinical information offerings in to one easy to use application. Includes Beers criteria information as well as information to assist healthcare providers in managing psychotic symptoms and disorders in older adults (GeriPsych).	Clinicians Nursing staff	N/A	Mobile application available for iOS and Android devices.	\$9.99	

**Section II: Behavior Management**

Improving Antipsychotic Appropriateness in Dementia Patients (University of Iowa IA-ADAPT)	<a href="https://igec.uiowa.edu/ia-adapt">https://igec.uiowa.edu/ia-adapt</a>	This website includes information and resources to help clinicians better understand and manage problem behaviors and psychosis in people with dementia using evidence-based approaches. Includes video lectures on antipsychotic selection, monitoring, and regulatory updates.	Clinicians Nursing staff Behavioral health staff Caregivers	Self-paced	Web based videos, lectures, and product guides	Free, registration required	
--	---	--	--	------------	--	-----------------------------	--

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Dementia Beyond Drugs: Changing the Culture of Care (Author: G. Allen Power, MD)	<a href="http://www.healthpropress.com/product/dementia-beyond-drugs/">http://www.healthpropress.com/product/dementia-beyond-drugs/</a>	Reducing the use of psychotropic drugs in the symptomatic treatment of dementia is key to successfully implementing compassionate, person-centered practices in your organization. This book includes research, language, and examples to reinforce the core message that antipsychotic medications are not the solution to ease the distress experienced by individuals living with dementia.	Administration Clinicians Nursing staff Social workers Behavioral Health staff Caregivers	Self-paced	Book	\$43.99	An essential read for all professionals in long-term care, including administrators, medical directors, nursing staff, psychologists and counselors, social workers, and policy makers.
Dementia Beyond Disease: Enhancing Well Being (Author: G. Allen Power, MD)	<a href="https://www.healthpropress.com/product/dementia-beyond-disease-revised-edition/">https://www.healthpropress.com/product/dementia-beyond-disease-revised-edition/</a>	Reveals how drug-based interventions and holistic approaches fall short of addressing the needs of people with dementia, this book offers a proactive approach that challenges widely accepted dementia care practices.	Administration Clinicians Nursing staff Social workers Behavioral Health staff Caregivers	Self-paced	Book	\$43.99	Filled with true stories that demonstrate the power of a well-being approach to greatly improve the lives of people with dementia as well as those who care for them.

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Validation Breakthrough (Authors: Naomi Feil and Vicki de Klerk-Rubin)	<a href="https://www.amazon.com/Validation-Breakthrough-Third-Techniques-Communicating-ebook/dp/B00JXS5532">https://www.amazon.com/Validation-Breakthrough-Third-Techniques-Communicating-ebook/dp/B00JXS5532</a>	Focuses on validation, a practical way of communicating with and managing problem behavior in older adults with Alzheimer's-type dementia. The training provides techniques that will help caregivers validate older adults' expressed feelings, rather than focusing on disorientation and confusion.	Administration Clinicians Nursing staff Social workers Behavioral health staff	Self-paced	Book	\$37.99 (eBook) \$39.98 (paperback)	2003 Bronze National Mature Media Award Winner
Behavioral Disturbances of Dementia: Interventions to Reduce the Use of Psychotropic Medications (Geriatric Mental Health Planning Partnership and VCU Department of Gerontology)	<a href="http://worldeventsforum.blogspot.com/p/live-event-held-tuesday-march-27-2012_7338.html">http://worldeventsforum.blogspot.com/p/live-event-held-tuesday-march-27-2012_7338.html</a>	Reviews problematic behaviors and triggers, strategies for preventing/reducing problem behaviors, and appropriate use of antipsychotic medications in the elderly population.	Administration Clinicians Nursing staff Social workers Behavioral health staff	1 hour	Video lecture with slide presentation	Free	Includes 4 case studies
Assessment and Management of Behavioral Disturbances in Dementia (American Association of Geriatric Psychiatry)	<a href="http://www.aagponline.org/index.php?src=gendocs&amp;ref=webinarsAD&amp;category=Education">http://www.aagponline.org/index.php?src=gendocs&amp;ref=webinarsAD&amp;category=Education</a>	To review the range of behavioral disturbances associated with dementia, impact of the behaviors, assessment and treatment approaches (including both nonpharmacological and pharmacological approaches).	Clinicians Nursing staff	1 hr	Video lecture with slide presentation	Free	CMEs available. Can access webinar and information about its content under the Clinicians Toolkit on website listed.
Sleuthing Troublesome Behaviors (Alzheimer's Association)	<a href="https://qioprogram.org/sites/default/files/Raia_Alzheimers_sherlock.pdf">https://qioprogram.org/sites/default/files/Raia_Alzheimers_sherlock.pdf</a>	Short article that focuses on understanding behaviors and triggers, using a case study.	Nursing staff	Self-paced	Newsletter (4 pages)	Free	

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Alternative Antipsychotic Tool (TMF Health Quality Institute)	<a href="https://atlanticquality.org/download/clin_top_dement_antipsych_altern.pdf">https://atlanticquality.org/download/clin_top_dement_antipsych_altern.pdf</a>	Tool that lists therapeutic, environment, and equipment interventions to help reduce the use of antipsychotic medications.	Nursing staff	N/A	Handout	Free	
Tool for Evidence Based Treatment of Behavioral Symptoms of Dementia (University of Illinois at Chicago)	<a href="https://mfpweb.nursing.uic.edu/educa">https://mfpweb.nursing.uic.edu/educa</a>	Evidence based algorithm to identify best treatments for behavioral symptoms in patients with dementia.	Clinicians	N/A	Handout	Free	
Activities at Home: Planning a Day for a Person with Middle or Late Stage Dementia (Alzheimer's Association)	<a href="https://www.alz.org/national/documents/brochure_activities.pdf">https://www.alz.org/national/documents/brochure_activities.pdf</a>	A person with dementia and their caregiver can enjoy security and togetherness that activities provide.	Nursing staff Social workers Behavioral health staff	N/A	Handout	Free	
Dementia Care Practice Recommendations - Residential Living: Phase 1 & 2 (Alzheimer's Association)	<a href="http://www.alz.org/national/documents/brochure_DCPRphases1n2.pdf">http://www.alz.org/national/documents/brochure_DCPRphases1n2.pdf</a>	Evidenced-based practice recommendations which address the fundamental areas in quality dementia care: assessment, communication and understanding behavior, social needs and activities, proper nutrition, reducing pain, falls, wandering, restraint-free care, and end-of-life care.	Clinicians Nursing staff	Self-paced	Document	Free	
Dementia Care Practice Recommendations - End of Life Care: Phase 3 (Alzheimer's Association)	<a href="http://www.alz.org/national/documents/brochure_DCPRphase3.pdf">http://www.alz.org/national/documents/brochure_DCPRphase3.pdf</a>	Evidenced-based practice recommendations which address the fundamental areas in quality dementia care: assessment, communication and understanding behavior, social needs and activities, proper nutrition, reducing pain, falls, wandering, restraint-free care, and end-of-life care.	Clinicians Nursing staff	Self-paced	Document	Free	

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Improving Dementia Care in Nursing Homes (CMS)	<a href="https://www.youtube.com/watch?v=vk4wclK9nTc&amp;feature=youtu.be">https://www.youtube.com/watch?v=vk4wclK9nTc&amp;feature=youtu.be</a>	How nursing homes have been successful in improving care of persons with dementia through non-pharmacologic, individualized approaches.	Administration	15 minutes	Video	Free	
For Elders with Dementia: A Musical Awakening	<a href="http://www.npr.org/2012/04/18/150891711/for-elders-with-dementia-music-sparks-great-awakenings">http://www.npr.org/2012/04/18/150891711/for-elders-with-dementia-music-sparks-great-awakenings</a>	Clip from the documentary Alive Inside that highlights the remarkable transformation an elderly nursing home resident undergoes as he listens to music on a pair of headphones.	Administration Clinicians Nursing staff Social workers Behavioral Health staff	7 minutes	Video	Free	
Promoting Positive Behavioral Health: A Non-Pharmacologic Toolkit for Senior Living Communities	<a href="http://www.nursinghometoolkit.com/">http://www.nursinghometoolkit.com/</a>	Toolkit contains resources to help promote nonpharmacologic behavioral health strategies to address behavioral and psychological symptoms of dementia behaviors that frequently occur in long-term care residential settings, especially among residents with dementia.	Administration Clinicians Nursing staff Social workers Behavioral health staff	N/A	Website with resources	Free	

### **Section III: Patient-Centered Dementia Care**

Hand in Hand (CMS)	<a href="https://qsep.cms.gov/pubs/HandinHand">https://qsep.cms.gov/pubs/HandinHand</a>	CMS, supported by a team of training developers and subject matter experts, created this training to address the need for nurse aides' annual in-service training on caring for residents with dementia and on preventing abuse.	Nursing staff	Self-paced	Set of six (1 hour) videos with training manual	Free to download	
--------------------	---	--	---------------	------------	---	------------------	--

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
DICE (Johns Hopkins University)	<a href="https://www.coursera.org/lecture/dementia-care/module-1-introduction-jgquO">https://www.coursera.org/lecture/dementia-care/module-1-introduction-jgquO</a>	Five-week course foundational knowledge in the care of persons with Alzheimer's Disease and other neurocognitive disorders.	Nursing staff Caregivers	Five-week course (3-5 hours per week)	Web based videos, lectures, and exercises	Free, registration required	CE credit available for an additional fee of \$60 plus the \$39 for signature track enrollment (must be enrolled in signature track to receive credit)
Ongoing Medical Management to Maximize Health and Well-being for Persons Living with Dementia	<a href="https://academic.oup.com/gerontologist/article/58/suppl_1/S48/4816737">https://academic.oup.com/gerontologist/article/58/suppl_1/S48/4816737</a>	Persons living with dementia have complex care needs and comorbid conditions. Care providers should understand the ongoing medical management needs of a person living with dementia to maximize quality of life.	Clinicians Nursing staff Caregivers	Self-paced	Literature	Free	
Dementia Beyond Drugs: Changing the Culture of Care (Author: G. Allen Power, MD)	<a href="http://www.healthpropress.com/product/dementia-beyond-drugs/">http://www.healthpropress.com/product/dementia-beyond-drugs/</a>	Training that focuses on how to embrace more humanistic, enlightened practices that address the most common challenges in caring for people who live with dementia including how to overcome communication challenges, minimize anxiety and depression, root out the causes of wandering, and gain insights into paranoia and delusions.	Administration Clinicians Nursing staff Social workers Behavioral health staff Caregivers	Self-paced	Book	\$43.99	2010 Book of the Year Award - American Journal of Nursing

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Dementia Beyond Disease: Enhancing Well Being (Author: G. Allen Power, MD)	<a href="https://www.healthpropress.com/product/dementia-beyond-disease-revised-edition/">https://www.healthpropress.com/product/dementia-beyond-disease-revised-edition/</a>	Reveals how drug-based interventions and holistic approaches fall short of addressing and meeting the needs of people with dementia, this book offers a proactive approach—one that challenges widely accepted dementia care practices and provides a well-being framework that can be implemented in any living environment.	Administration Clinicians Nursing staff Social workers Behavioral health staff Caregivers	Self-paced	Book	\$43.99	Published in 2014, the book is an extension of Power's first book Dementia Beyond Drugs.
CARES (HealthCare Interactive and Alzheimer's Association)	<a href="http://www.hcinteractive.com/essentialalz">http://www.hcinteractive.com/essentialalz</a>	Alzheimer's Association essentialALZ program combines select HealthCare Interactive CARES online dementia training with Alzheimer's Association certification exams.	Clinicians Nursing staff Social workers Behavioral health staff Caregivers	Length of time per course varies	Online training	Pricing varies	
Person-Centered Matters	<a href="http://www.ccal.org/person-centered-matters-video/">http://www.ccal.org/person-centered-matters-video/</a>	Person-centered care is the gold standard for people living with dementia. Video produced by the Dementia Action Alliance portrays five people living with dementia and how person-centered care helps them live more fully.	Clinicians Nursing staff Caregivers	16 minutes	Video	Free	

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Dementia Care Practice Recommendations - Residential Living: Phase 1 & 2 (Alzheimer's Association)	<a href="http://www.alz.org/national/documents/brochure_DCPRphases1n2.pdf">http://www.alz.org/national/documents/brochure_DCPRphases1n2.pdf</a>	Evidenced-based practice recommendations which address the fundamental areas in quality dementia care: assessment, communication and understanding behavior, social needs and activities, proper nutrition, reducing pain, falls, wandering, restraint-free care, and end-of-life care.	Clinicians Nursing staff	Self-paced	Document	Free	
Dementia Care Practice Recommendations - End of Life Care: Phase 3 (Alzheimer's Association)	<a href="http://www.alz.org/national/documents/brochure_DCPRphase3.pdf">http://www.alz.org/national/documents/brochure_DCPRphase3.pdf</a>	Evidenced-based practice recommendations which address the fundamental areas in quality dementia care: assessment, communication and understanding behavior, social needs and activities, proper nutrition, reducing pain, falls, wandering, restraint-free care, and end-of-life care.	Clinicians Nursing staff	Self-paced	Document	Free	

**Section IV: CMS Guidance/Survey Guidelines/State Regulations**

Partnering to Reduce: Minimizing the Use of Antipsychotics in Today's Senior Care Facilities (RELIAS Learning)	<a href="http://go.reliaslearning.com/rs/reliaslearning/images/496_CL_SRC_PsychotropicWP_draftD.pdf">http://go.reliaslearning.com/rs/reliaslearning/images/496_CL_SRC_PsychotropicWP_draftD.pdf</a>	High level overview of techniques to minimize antipsychotic use, including 2013 updates to survey guidelines, understanding behaviors, and behavior interventions.	Clinicians Nursing staff Social workers Behavioral health staff	Self-paced	Literature (14 pages)	Free	
--	---	--	--	------------	-----------------------	------	--

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
Improving Dementia Care: New Initiatives, New Opportunities (The Consultant Pharmacist)	<a href="http://www.ingentaconnect.com/content/ascp/tcp/2014/00000029/0000001/art00001?token=00501c128537b89387e87e41225f40382d5747414776283425442e576b3427656c3c6a333f256678">http://www.ingentaconnect.com/content/ascp/tcp/2014/00000029/0000001/art00001?token=00501c128537b89387e87e41225f40382d5747414776283425442e576b3427656c3c6a333f256678</a>	Detailed explanation of updates to the State Operations Manual, including facility changes that may require adaptations to policies, procedures, and documentation for residents with dementia.	Administration Clinicians Nursing staff	Self-paced	Literature (8 pages)	\$35.00	
LTC Pharmacy Services Overview (CMS)	<a href="https://qsep.cms.gov/data/107/9_LTC_PharmacyServices_c.mp4">https://qsep.cms.gov/data/107/9_LTC_PharmacyServices_c.mp4</a>	Pharmacy services overview: Reviews new requirements to F756 Drug Regimen Review, F757 Unnecessary Medications, and F758 Psychotropic Medications.	Clinicians Nursing staff	20 minutes	Video Lecture with slide presentation	Free	
Medication Monitor: Psychotropic Medications: Best Practices to Avoid Survey Problems	<a href="https://www.todaygeriatricmedicine.com/archive/MA19p8.shtml">https://www.todaygeriatricmedicine.com/archive/MA19p8.shtml</a>	Guidance to update practice patterns with 5 steps: Take a fresh look at each admission, ensure any psychotropic use is justified, understand gradual dose reduction (GDR), limit use of PRNs, and educate and engage staff.	Administration Clinicians Nursing staff	Self-paced	Literature	Free	Today's Geriatric Medicine article
New CMS Rules on Psychotropic Medications in SNF's	<a href="https://www.managedhealthcareconnect.com/articles/new-cms-rules-psychotropic-medications-snfs">https://www.managedhealthcareconnect.com/articles/new-cms-rules-psychotropic-medications-snfs</a>	Provides an overview of CMS's new rules on psychotropic medications in SNFs, and provides some steps to establish a processes to ensure facilities compliance with the new rules.	Administration Clinicians Nursing staff	Self-paced	Literature	Free	Annals of Long Term Care article

Program/Resource Name	Website	Focus	Intended Audience	Time	Format	Cost	Additional Information
National Partnership to Improve Dementia Care in Nursing Homes (CMS)	<a href="https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/National-Partnership-to-Improve-Dementia-Care-in-Nursing-Homes">https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/National-Partnership-to-Improve-Dementia-Care-in-Nursing-Homes</a>	<p>Since the launch of the National Partnership, significant reductions in the prevalence of antipsychotic medication use in long-stay nursing home residents have been documented. The National Partnership continues to work with state coalitions and nursing homes to reduce that rate even further. The website includes updated information and data collected since the launch of the National Partnership.</p>	Administration Clinicians Nursing staff	Self-paced	Data available in downloads	Free	